

Tiffany Cromwell

Australian Cyclist



2009 Tour Feminine en Limousin - Stage Winner

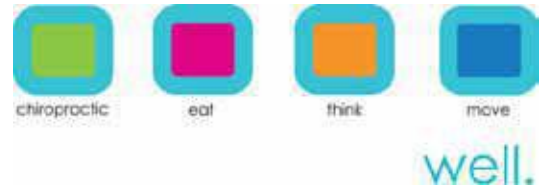


www.tiffanyjane.com.au



LEZYNE

TRAK CYCLES



Personal
Cycling
Resume

Cycling Curriculum Vitae

CYCLING - BACKGROUND

Discipline:	Road Cycling
Strengths on the bike:	Climbing, Time-Trialling, Aggressive, Domestique, Team Player
Institute / Academy:	South Australian Sports Institute
Resides:	Adelaide, South Australia & Monaco
Coach:	Leigh ROK Bryan
Started Competitive Cycling:	13 years of age (2002)
First Australian Team:	2005 Oceania Track Championships, AUS

CYCLING - CAREER HIGHLIGHTS

Most Memorable Sporting Achievement:	2008 Winning my first professional race, Sea Otter Classic 2009 Winning Stage 2 Time Trial, La Route de France Feminine 2009 Representing Australia at my first elite World Championships
Major Awards / Honours:	2010 South Australian Young Achiever Sports Award, Grand Finalist 2009 South Australian Young Achiever Sports Award, Semi Finalist 2008 South Australian Young Achiever Sports Award, Semi Finalist 2006 Australian Junior Female Road Cycling of the Year, Finalist 2006 SASI Junior Female Sports Star of the Year, Finalist 2006 South Australian Junior Sports Star of the Year, Finalist 2005 Messenger Press Monthly Youth Sports Award for Individual Female 2005 Highest School Colour (Gold) for Outstanding Performance, Leadership and Service in Athletics 2005 Messenger Press Individual Female Sports Star of the Year, Finalist

Australian Teams:

2010 World Road Cycling Championships, Australia
2010 Australian Institute of Sport Women's Road Team
2009 World Road Cycling Championships, Switzerland
2009 Australian Institute of Sport Women's Road Team
2008 Australian Institute of Sport Women's Road Team
2007 Australian Women's Development Team, France
2006 Oceania Track and Road Championships, New Zealand
2006 World Junior Road Cycling Championships, Belgium
2005 Australian Youth Olympic Festival, Australia
2005 World Junior Road Cycling Championships, Austria
2005 Oceania Track Cycling Championships - Australia

Professional Teams:

2011 Lotto Honda Team - Belgium
2010 Lotto Ladies Team - Belgium
2009 Colavita Sutter Home p/b Cooking Light - USA
2008 Colavita Sutter Home p/b Cooking Light - USA
2007 Colavita Sutter Home p/b Cooking Light - USA (*guest rider*)

Major Results:

2011

1st Jayco Bay Cycling Classic, Stage 2 - AUS
1st Overall Sprint Classification, Jayco Bay Cycling Classic - AUS
6th Australian Open Road Cycling Championships - AUS
6th Jayco Bay Cycling Classic - AUS
8th Omloop Het Nieuwsblad - BEL

2010

1st Young Rider Classification, Women's Tour of New Zealand _ NZL
2nd Sparkassen Giro - GER
2nd U23 Australian Open Road Cycling Championships - AUS
2nd U23 Australian Open Time Trial Championships - AUS
3rd Womens Tour of New Zealand - NZL
3rd Womens Tour of New Zealand, Stage 4 - NZL
3rd Jayco Bay Cycling Classic, Stage 3 - AUS
4th U23 Australian XCO Mountain Bike Championships - AUS

2009

- 1st La Route de France Feminine, Stage 2 ITT - FRA
- 1st Tour Feminine en Limousin, Stage 3 - FRA
- 1st Sea Otter Classic, Road Race - USA
- 1st Queen of the Mountain Classification, Redlands Bicycle Classic - USA
- 2nd Young Rider Classification, San Dimas Stage Race - USA
- 3rd Young Rider Classification, La Route de France Feminine - FRA
- 3rd Young Rider Classification, Giro D'Italia Femminile - FRA
- 3rd U23 Australian Road Cycling Championships - AUS
- 3rd San Dimas Stage Race, Stage 2 - USA
- 4th La Route de France Feminine, Prologue - FRA
- 7th La Coupe de Monde Feminine de Montreal - CAN
- 9th Tour of the Gila - USA
- 9th San Dimas Stage Race - USA
- 22nd Giro d'Italia Femminile - ITA
- 52nd World Road Cycling Championships - SUI

2008

- 1st Sea Otter Classic Pro Women's Circuit Race - USA
- 1st Garret Lemire Memorial GP - USA
- 1st US Speed Week Criterium Series, U25 Classification - USA
- 2nd U23 Australian Road Cycling Championships - AUS
- 4th Holland Hills Classic - NED
- 5th Athens Twilight Criterium - USA
- 6th Redlands Bicycle Classic - USA
- 7th Geelong World Cup, Round 1 - AUS
- 8th Mt Hood Cycling Classic - USA
- 9th Tour de Leelanau

2007

- 3rd Tri-Peaks Challenge, Stage 5 - USA
- 8th Australian Open Criterium Championships - USA
- 16th Geelong World Cup, Round 1 - AUS